

Vegan Menu

Starters

Homemade Carrot and Coriander Soup £4.45
With freshly baked malted bread roll

Fresh Garden Salad £2.45
Served with french or balsamic dressing

Mains

Penang Curry £10.95
Aromatic coconut sauce with cauliflower, green beans, mange tout and peppers served with basmati rice or chips, poppadum and mango chutney

Vegan Meatballs £10.45
In a lightly spiced tomato and basil sauce served with spaghetti and side salad or freshly baked malted roll

Homemade Veggie Burger £7.95
Homemade burger with chips and salsa or bbq sauce. See main menu for additional toppings

Veggie Sausages £8.95
Served with chips, peas and gravy or baked beans

Desserts

Homemade Fruit Crumble £5.25
Served with non-dairy custard or cream

Strawberry Sundae with fresh strawberries

Vanilla Sundae with chocolate and strawberry sauce

Some of the dishes on our main menu may be adapted. Please ask and we will accommodate wherever possible.

STEAK SIZZLER NIGHTS

Monday to Thursday 6.00pm - 9.00pm

TWO FOR £16.95

CURRY NIGHT

AT THE FONT Y GARY INN

Thursday evenings 6.00pm - 9.00pm
All our curries are homemade and served with rice and or home cooked chips, poppadum and mango chutney

ALL FOR £8.95

SUNDAY LUNCH

Served 12pm to 5pm

Booking Advisable

A great selection of Sunday roasts for all the family!

Choose your roast from today's choice of meats, served with home cooked roast potatoes, seasonal vegetables, homemade gravy and all the accompaniments that go with your favourite Sunday roast

WE DON'T SERVE FAST FOOD
WE SERVE DELICIOUSLY COOKED FOOD AS FAST AS WE CAN!

Food Allergies and Intolerances: Before you order your food and drinks please speak to our staff if you want to know about our ingredients. *All weights quoted are approximate, prior to cooking. Some fish dishes may contain bones. All dishes are subject to availability. All prices include VAT. Wholesale may contain one or more tails. All photography is for guidance only. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-use kitchen environment. (V) Items suitable for vegetarians. (GF) Gluten free.

Barry Advertiser Ltd. 01446 735452

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for the facts

Breakfast Menu

Served Saturday 10am to 12pm and Sunday 10am to 11.30am

The Full Fonty £6.95

Two rashers of bacon, two sausages, two eggs, two hash browns, mushrooms, beans, black pudding and grilled tomato. Served with toast and tea or coffee

Half Fonty £5.95

Two rashers of bacon, sausage, egg, hash brown and beans, served with toast and tea or coffee

Vegetarian Breakfast £6.95

Two vegetarian sausages, two eggs, two hash browns, beans, mushrooms and grilled tomato

Child's Breakfast £4.95

Bacon, sausage, egg, beans and hash brown

Breakfast Rolls

A soft white bread roll filled with your choice of filling from bacon, sausage, egg or mushrooms
One Filling £3.00
Two Fillings £3.50
Three Fillings £4.00

Add orange juice for £1.00

The Font y Gary Inn



Main Menu

The Font y Gary Inn

Fonmon Road | Rhoose | Vale of Glamorgan | CF62 3DZ

Tel: 01446 711221



Welcome

Starters

Sharing Platter Six chicken wings, six onion rings and three garlic bread Served with garlic mayo and BBQ dip	£10.95
Whole Baked Camembert to Share (V) Served with warm crusty bread and cranberry dip	£6.95
Prawn Cocktail Juicy Atlantic prawns smothered with a Mary Rose sauce served with salad and a fresh baked malted roll	£5.45
Creamy Stilton Mushrooms (V) Sautéed mushrooms in a rich creamy stilton sauce served with garlic bread	£5.45
Half Rack of Ribs Half rack of juicy ribs smothered in barbecue sauce served with salad garnish	£5.45
Barbecue Chicken Wings In a sticky glaze served with salad leaves and a barbecue dip	£5.45
Grilled Halloumi (V) (GF) Two slices of grilled cheese served with salad leaves and cranberry sauce	£5.25
Soup of the Day (V) A generous bowl of hearty home-made soup of the day served with a freshly baked roll	£4.45
Smoked Peppered Mackerel Fillet (GF) Peppered mackerel fillets on a bed of salad leaves served with a horseradish dip	£4.45
Nachos (V) (GF) A bowl of nachos topped with salsa and cheese	£3.95

The Forty Gary Grill

Our meat is locally sourced wherever possible, served with our triple cooked chips. Please ask if you would prefer to substitute chips for new or mashed potatoes or salad.

20oz Mighty Mixed Grill	£16.95
Rump steak, pork chop, lamb chop, gammon, sausages, egg, pan fried mushrooms, onion rings and peas	
12oz Sirloin	£15.95
Grilled to your liking and served with pan fried mushrooms, onion rings, grilled tomato and peas	
10oz Ribeye	£15.95
Grilled to your liking and served with pan fried mushrooms, onion rings, grilled tomato and peas	
Full Rack of Ribs	£12.95
Served with chips, a stack of onion rings and home-made coleslaw	
10oz Gammon Steak	£12.75
Prime gammon topped with egg and pineapple, served with peas and onion rings	
Sizzling Steak	£9.95
8oz Sirloin served on a bed of onions on a hot skillet and served with grilled tomato	

Sauces for Grills

Peppercorn Sauce £3.25	Creamy Garlic Mushroom (GF) £3.25
Homemade Gravy £1.00	Creamy Stilton Sauce (GF) £3.25
	Garlic Mayonnaise 75p

Big up your grills with

BBQ Pork £1.25	Half Rack Ribs £3.95
Scampi £2.75	Fried Egg 50p
Butchers Sausage £1.00	

Curries £10.95

All our curries are homemade and gluten free, served with your choice of basmati rice or triple cooked chips, poppadum and mango chutney

Why not add	
Naan Bread £1.25	Onion bhaji with mint raita £2.95

Chicken Korma A mild and creamy aromatic dish with tender chicken breast cooked with yoghurt, coconut and a hint of spice
Chicken Tikka Masala Chicken cooked in oriental spices with butter and cream
Beef Madras Chunky pieces of beef in a robust sauce, with onions, tomatoes and peppers. Flavoured with a blend of spices including chillies, turmeric and fenugreek
Chicken Jalfrezi Chicken cooked with green chillies, onions, peppers and coriander
Thai Green Chicken Curry An aromatic and creamy curry finished off with mangetout, fresh coriander and a wedge of lime
Red Thai Vegetable Curry (V) A medley of roasted Mediterranean vegetables, in a creamy red Thai sauce

Main Meals

All our main dishes are served with a choice of triple cooked chips, new or mashed potatoes, seasonal vegetables or peas, unless otherwise stated. If you would prefer a different combination of any of the above or have any special requirements, please ask and we will do our best to accommodate you.

Farmhouse Ham, Eggs and Chips Home cooked gammon ham, a brace of eggs and home cooked chips	£9.95
Homemade Beef Lasagne Rich layers of lasagne and beef bolognese, topped with a cheese sauce, served with home cooked chips and side salad	£11.95
Homemade Steak and Guinness Pie Tender chunks of beef in rich Guinness gravy with mushrooms and onions, topped with a puff pastry lid and served with home cooked chips and seasonal vegetables	£11.95
Homemade Chicken and Leek Pie Chunks of chicken in a creamy leek sauce, topped with a puff pastry lid and served with home cooked chips and seasonal vegetables	£11.95
Bangers and Mash Three large handmade butchers sausages on a bed of homemade creamy mashed potato, served with a rich onion gravy	£9.95
Hunters Chicken Chicken breast wrapped in bacon, cheese and smothered in BBQ sauce, served with home cooked chips and seasonal salad	£11.95
Piri Piri Chicken Breast of chicken marinated in a hot spicy Piri Piri sauce, served with home cooked chips, salad and Caesar dressing	£11.95
Lamb Shank Slow cooked lamb shank served on a bed of mash with seasonal vegetables and minted gravy	£10.95
Homemade Chilli, Rice and Nachos A rich smoky flavoured beef chilli with red kidney beans, served with rice, nachos and salsa	£10.95
All Day Brunch Two bacon, two butchers sausages, two eggs, beans and home cooked chips	£9.45
Faggots and Peas Two 6oz butchers faggots in our rich homemade gravy, served with mushy peas, home cooked chips or homemade mash	£8.95
Salmon and Hollandaise Sauce (GF) A fillet of poached salmon smothered in hollandaise sauce served with new potatoes and seasonal vegetables	£11.95
Roasted Vegetable Lasagne (V) Market vegetables sautéed and mixed with a rich tomato sauce, with layers of pasta sheets, covered by a rich cheese sauce then oven baked and served with a side salad and home cooked chips	£11.45
Whole Tail Scampi Served with home cooked chips and peas	£9.95

Pasta Create your own pasta dish £8.45

All served with a choice of homemade sauce prepared to order and side salad or garlic bread

- Choose you pasta
Penne or Spaghetti
- Select a sauce
Alfredo – creamy, garlic & cheese
Spicy Tomato and Basil – with a touch of cream
Bolognese – A rich beef sauce (Add £2.00)
- Add more yum
Chicken £2.00 Bacon £1.50 Tuna £2.00 Prawns £2.00
Ham £1.50 Chorizo £1.50 Mushrooms £1.25

Salads £9.95

Mixed Green Leaves • Tomatoes • Cucumber Red Onions • New Potatoes

Please choose from:

Grilled Chicken, Home Cooked Ham, Salmon, Prawns, Tuna or Grated Mature Cheddar

Please choose from:

Balsamic, French or Caesar dressings to go with your salad

Side Orders and Snacks

Big Bowl of Triple Home Cooked Chips With Cheese	£3.25
Why not top your chips with the following:	
Chilli £1.95 • Chorizo £1.25 • BBQ Pulled Pork £1.25	
Baked Beans 75p • Crispy Bacon £1.25 • Gravy £1.00	
Curry Sauce £1.00	
Three Slices of Garlic Bread	£3.25
Three Slices of Cheesy Garlic Bread	£3.95
Bowl of Battered Onion Rings	£2.95
Bowl of Pan Fried Mushrooms	£2.95
Homemade Coleslaw	£1.00
Side Salad	£2.25
Garlic Mayo	75p

Desserts

Homemade Creamy Rice Pudding (GF) Made with cream and topped with nutmeg	£4.50
Homemade Bread & Butter Pudding Served with custard or cream	£4.95
Homemade Fruit Crumble Fruit compote topped with an all butter crumble. Served with custard or cream	£4.95
Eton Mess (GF) Lightly whipped cream, crushed meringue and fresh strawberries	£4.95
Warm Chocolate Fudge Cake Served with cream or ice cream Gluten free fudge cake available on request	£4.50
Warm Belgian Waffle Served with ice cream and fudge sauce	£4.50
Ice Cream Sundae (GF) Vanilla, chocolate and strawberry ice cream layered with sauce and topped with whipped cream and a chocolate flake	£4.50
Chocolate Brownie Ice Cream Sundae Layers of chocolate brownies, vanilla ice cream and chocolate sauce all topped off with whipped cream	£4.75
Apple Pie Warm apple pie served with custard, cream or ice cream	£4.50

Please ask for our Tea and Coffee range

Build your own burger

All served with triple cooked chips and home-made coleslaw

- Choose your Burger
- Select your Topping
- Add even more yummy stuff

Our famous 8oz Butchers Steak Burger	£8.45
Southern Fried Chicken Burger	£7.95
Homemade Vegetarian Burger	£7.95

Toppings

Chilli £1.25	Onion Rings 95p
Pulled Pork £1.25	Cheddar Cheese 75p
Chorizo £1.25	Grilled Pineapple 50p
Bacon 95p	Fried Egg 50p
Mushrooms 95p	Fried Onions 50p
Why not add an extra burger	£2.25
Why not double up your chicken for an extra	£1.75