Riding for the Disabled

Rebecca Kingsley feels it’s time to spread the word

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Hickstead Derby Meeting

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FRONT COVER: How to sum up the Mitsubishi Motors Badminton Horse Trials in a photo. Taken at the end of XC. © Julian Portch

Tel: NagMag on 01273 491922 or email: info@NagMagMedia.com

June 2015

Contents
Electrolytes

By Paula Broadhurst

Electrolytes are minerals that are essential for maintaining the correct fluid balances within the body. The major electrolytes include sodium, potassium, chloride, calcium and magnesium and these are contained to varying levels in most horse feeds and forages.

Horses, like all animals, continually lose electrolytes through their droppings, urine, breath and by sweating; these losses therefore need to be continually replaced. Horses performing hard work and sweating a lot (such as competition horses) will obviously lose more than a pleasure hack performing only light work. In addition, weather conditions such as how hot, humid or windy it is will affect how quickly electrolytes are lost.

The body monitors its fluid levels and when fluid is lost through sweating, this affects the concentration of electrolytes and triggers a thirst response to stimulate drinking. This however only replaces the fluid and not the electrolytes which need to be replaced by daily consumption.

Even adding electrolytes to feed can be difficult as many horses will not tolerate this. There are many different commercial products that have their own instructions on quantities to be fed and, like adding any product to your horse diet, these should be introduced gradually. If using electrolytes in water, there should always be a source of plain water available as well.

Supplements work best if given as a ‘constant’ supplement. Suddenly giving your horse an ‘excessive’ dose will do nothing more than to stimulate the kidneys into overdrive to excite the additive. Syringe electrolytes can help to stimulate a horse to drink following a competition however, if the horse does not drink following a bolus of an electrolyte paste it can (potentially) increase dehydration levels.

Whilst adding table salt to the horses’ diet can help with the provision of some minerals such as sodium, chloride and potassium, it must also be remembered that many other important minerals are not present. Maintaining the correct balance of electrolytes is just as important as the electrolytes themselves.

Unfortunately, there is no magic formula to determine each horses electrolyte deficiency or imbalances include dehydration, fractious behaviour, fatigue, poor concentration, poor coordination, muscle cramping, ‘tying up’ and colic. Severe electrolyte disturbances can cause disorientation, collapse, heart arrhythmias, seizures and death.

How best to supplement your horse is a subject of great debate and varied opinions; and the old adage ‘you can lead a horse to water but you can’t make it drink’ comes into play. Simply providing a salt lick often doesn’t work as some horses will lick it obsessively until completed and others will not touch them. Adding electrolytes to water will encourage some horses to drink more and others to drink less if they don’t like the taste. Even adding electrolytes to feed can be difficult as many horses will not tolerate this.

There are many different commercial products that have their own instructions on quantities to be fed and, like adding any product to your horse diet, these should be introduced gradually. If using...
on Thursdays (term time only). The Chestnuts Riding School is one of a few RDA organisations that have an hydraulic mounting block, allowing for easier and safer mounting for their riders and volunteers. To help raise money for the charity fundraisers are held throughout the year: for more information visit www.mid-sussex-rda.org

One of the largest RDA organisations is Bradbourne RDA in Sevenoaks, Kent. It houses acres of woodlands, an indoor area, 14 well-tempered horses and ponies to accommodate any age and size, ten qualified instructors and over 100 volunteers. Bradbourne currently has 200 regular disabled horse riders and carriage drivers and also offer summer camps to those just wanting some fun! Fundraising events and training days are held throughout the year and can be found on their website: www.bradbourne-rda.org.uk.

To contact Bradbourne RDA tel: 07914 273610 or email: contact@bradbourne-rda.org.uk.

There are many other exceptional RDA organisations in the South East. These can be found at http://www.rda-southeastregion.org.uk.

Trying something new is always difficult and many choose to not take the leap, however sometimes it takes the words of another to give us a push in the right direction.

Simon wanted to finish by crediting his amazing wife Lyn and great friends for always being there behind the scenes, without them none of this would have been possible!

After I finished the interview with Simon I took some time to think over his incredible journey and can honestly say my eyes to para riders and the RDA have been well and truly opened. Simon’s passion for horses shines through and his need to inject confidence into those riders who have been through life’s tough changes is stronger and louder than ever! No matter what life throws at you, with confidence and self-belief you can achieve the wildest of ambitions. NM
19 year-old Raife Tansey – leg up for talent star. His page is Raife Tansey Showjumper – Please ‘like’ and follow this very hard working young man’s progress.

Katie Preston, current SEEL overall ranking leader, photo courtesy of Nigel Goddard

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Last Months Cover pin up ‘Sophie and Oakwood’s Henry at BDS West Sussex Show 26th April

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WIN A PAIR OF MEMBERS’ ENCLOSURE TICKETS

NAGMAG has teamed up with Hickstead and are pleased to offer two lucky readers the chance to win a pair of Saturday Members’ Enclosure tickets at the Equestrian.com Hickstead Derby Meeting.

For your chance to win just like us and share post on Facebook – www.facebook.com/nagmagmagazine or enter by sending an email to info@nagmagmedia.com – see also on our website www.NagMagMagazine.com (No later than 17th June, 2015).

Rules of Entry
The competition is open to UK mainland (including Isle of Wight) residents only. Only completed entries received by the closing date, June 17, 2015 will be eligible. No entries received after that date will be considered. No cash alternatives will be offered for any prize. The Judges decision is final and no correspondence can be entered into. Only one entry per household. Employees of ENM Solutions, Hickstead and their associated companies and their families are not eligible to enter.

WIN SPORTING HARES KINGS SUNGLASSES

NAGMAG has teamed up with Sporting Hares to offer one lucky reader the chance to win a personalised pair of KINGS sunglasses worth between £30 – £65.

For more information visit www.sportinghares.com NM

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Reply in confidence to 01273 491922 for further details

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For more information visit www.NagMagMagazine.com

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The competition is open to UK mainland (including Isle of Wight) residents only. Only completed entries received before the closing date, July 5, 2015 will be eligible. No entries received after that date will be considered. No cash alternatives will be offered for any prize. The Judges decision is final and no correspondence can be entered into. Only one entry per household. Employees of ENM Solutions, Sporting Hares and their associated companies and their families are not eligible to enter.

NagMag’s competition winner will receive a personalised pair of KINGS sunglasses worth between £30 – £65.

Our friends at Sporting Hares have come up with another great idea: sunglasses that will match your latest tweed or denim outfit.

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Hickstead Derby Meeting will delight any horse enthusiast with a galaxy of International showjumpers and the chance for some classy shopping from the numerous trade stands. The famous British Speed Derby sees the fastest horses in the country pitted against each other while negotiating the Irish Bank on the home run. Earlier in the day, catch the Osborne Refrigerators Scurry Driving Championship, a guaranteed crowd pleaser and don’t forget to stay for the evening fun on the Bunn Leisure Arena where you can watch your favourite riders of the day take on the experts in a Polo Match. For more information contact Hickstead on Tel: 01273 834315 or visit www.hickstead.co.uk NM

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Kent mum-of-two Amanda Wills has been writing all her life. NagMag caught up with her to find out how her love of reading inspired her to write.

Writing from the heart – an Author’s story

NagMag caught up with Amanda Wills, mum-of-two, at her home near Faversham to find out how the books she read as a girl inspired her to write pony stories for a new generation of readers. Amanda has been writing all her life. But it wasn’t until three years ago that the former journalist turned her hand to fiction.

Having grown up around horses, pony fiction seemed the obvious choice, and over the past three years Amanda has written and published three pony novels.

Set on Dartmoor and in the Forest of Dean, the Riverdale Pony Stories are proving popular with both pony-mad children and nostalgic older readers.

What made you start writing fiction?

When I was eleven, the age of my fictional heroine Poppy McKeever, who moves from London to an old cottage called Riverdale on the edge of Dartmoor. She finds a mysterious Connemara pony called Cloud running wild on the moor and vows to catch him before he is rounded up in the annual drift. In the second book, Against all Hope, Cloud is back at Riverdale but Poppy has a long road ahead of her to bring him back to full strength. Into the Storm, the third in the series, sees Poppy winning a riding holiday in the Forest of Dean where she is dismayed to find her ride for the week is Beau, a hairy, bumbling piebald cob with a wall eye and a stubborn streak.

Where do you get your inspiration for the equine heroes in your books?

Definitely from the many ponies and horses I have had the privilege to know and ride. Cloud, Poppy’s beloved dappled grey Connemara, was inspired by my own Connemara pony, Hamilton. He was a 14.1hh fleabitten grey. I was thirteen when we bought him, not much older than Poppy, and we grew up together, hacking through the countryside, competing in local shows and taking part in cross country rides. Sadly he died eleven years ago, but we’d had twenty happy years together, for which I will always be grateful. And the fact that he lives on through Cloud makes me very happy indeed. Beau, the star of Into the Storm, is a mash-up of all the stubborn and unerringly loyal horses who have crossed my path over the years.

How long do your books take to write?

The Lost Pony of Riverdale took just over a year. Against all Hope took about ten months and Into the Storm about eight months from start to finish. So I’m getting quicker! Writing has to fit around my family and my part-time job as a police press officer, so I often write in the evenings and at weekends to make sure I meet my word count targets.

Do you still ride?

I had a break of about ten years when my two boys were small, but not having horses in my life was an ache that never went away. Just over a year ago I was lucky enough to be offered a part-share in a gorgeous 16.2hh Irish sports horse called Prince. I leapt at the chance and now ride every Thursday. It’s the highlight of my week. Not only is it great being back in the saddle, but being around horses again gives me plenty of ideas for future books.

What’s the best thing about being an author?

When someone tells you they loved one of your books. Poppy, her best friend Scarlett and their ponies Cloud and Blaze are completely real to me, so nothing makes me happier than knowing other people are enjoying their adventures.

Is pony fiction as popular as ever?

Absolutely. There’s a really talented bunch of pony authors out there at the moment, some traditionally published, others who have decided to self-publish their novels as e-books. Lauren St John, Kate Lattey, Victoria Eaveleigh and fellow Kent author Jane Ayres are just some of the authors I would recommend. I chose to self-publish the Riverdale Stories on Kindle, but two of the books have since been taken on by a Scandinavian publisher and will be enjoyed by hundreds of pony-mad girls in Sweden, Norway and Finland later this year.

Will there be more Riverdale Stories?

Definitely. I have rough plots for at least two more in the series. I just need to get them written. One thing’s for certain – the characters are so alive in my imagination that I couldn’t bear to let them go just yet. NM

CONTACT DETAILS

For more information about Amanda and her books visit www.amandawills.co.uk

Tel: NagMag on 01273 491 922 or email: info@nagmagmedia.com

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NagMag

Amanda Wills

Amanda and Prince

Amanda Wills

Riverdale Pony Stories

Amanda Wills

Amanda Wills

Amanda Wills

Amanda Wills

Amanda Wills
The sense of smell to the animal kingdom plays such an important role, not only as a way to communicate and identify others of the same or different species, but also plays a vital role in how they relate to medicinal plants. Since the dawn of time animals have evolved an innate ability in which they are able to self-select medicines that nature has provided for survival. This behaviour of animals seeking medicinal plants for health benefits is known as Zoopharmacognosy.

Wild animals are able to seek out medicinal plants at the first signs of poor health, but because our domesticated animals rarely have the opportunity to forage on a wide variety of medicinal plants, more challenging health problems often occur. Applied Zoopharmacognosy takes nature’s medicine kit to them, allowing the animal to express its innate ability to self-medicate by offering a wide range of plant compounds such as essential oils, macerated oils, dried herbs, powders, clays and algae. Animals with the same symptoms may choose to select a different remedy which is why this approach highlights the fact that this is individualized medicine.

What is the difference between food and a medicine?

Plants provide two main resources to animals. Firstly they provide a food source which provides direct energy from fats, carbohydrates and proteins needed to maintain life and growth. A plant also provides medicinal compounds to feed as, if not needed, the animal has no control over its dose and it may cause adverse effects. Equinepharmacognosy specializes in self-medication with equines and provides a holistic approach to horse health. During a consultation, reading an animal’s body language in response to an extract offered is key to determining whether or not it has been selected. It is important that animals are allowed to walk away from a remedy that is not needed as that ensures that it is not forced upon them. Each animal is different in its response to an extract and may only show subtle signs of interest when an extract is needed. Depending on the issue facing the animal, remedies may have differing routes into the body. Self-medication may be in the form of ingestion, inhalation, including the flehmens response (curling of upper lip) which is the use of the vomeronasal organ and applied topically. Once the condition has cleared or improved the animal will normally reject the plant extracts that have previously been selected. The process of animals using plant extracts to self- medicate is not only an extension of nutrition but is a homeostatic behaviour and environmental enrichment. NM

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In a nail-biting finish that went right to the wire, William Fox-Pitt claimed this year’s Mitsubishi Motors Trophy riding the 15 year-old Chilli Morning, owned by Christopher Stone of Plummers Plain, West Sussex, and the only stallion to have won this prestigious 4* competition.

Andrew Nicholson and Nereo led all the way from the first morning’s dressage and were last to showjump on Sunday. However, three fences fell to see Andrew and his mount finish in sixth place while William took top honours with a perfect round. Germany’s Ingrid Klimke also jumped clear on Horseware Hale Bob to finish in second place, with Kiwi, Jock Paget in third with Clifton Lush.

Emotions ran high with south-eastern riders completing their first Badminton. Rose Carnegie, a 24 year-old student from Kent in her final year at the European School of Osteopathy, took time out from exams to compete Landine, her 12 year-old German Warmblood mare.

“I was worried about the Mirage Pond on the cross-country course,” she said, “but the horse was fine going through it. I was a bit disappointed across the ground. But he picked up on the electric atmosphere in the arena, got tense and tight in the neck and took the poles down behind. He’s a fit and sound horse, relatively young, so we look forward to the future.”

The last word went to the cross-country course designer, Giuseppe della Chiesa: “I planned the course thinking about the possible conditions. Before the competition I was comfortable with the course. It rode as I thought and I’m very pleased about it!”

NM
Georgia Trenfield

Qualified: Sheldfield Equestrian 05/04/2015 Dressage BD Intro, 6th

Georgia has been riding seriously for about 4½ years now. Unfortunately, Georgia had a very nasty accident a few years ago which completely knocked her confidence with riding but she still determined to be back on her horse. She was lucky enough to find Splash, who had spent the last 15 years of his life as a riding school pony and was about as safe as they come. He looked, sadly, as though the life had been sucked out of him and never really showed any spark but such a dear dear face and we just hoped we could give him back a little of what he had given to others.

Unfortunately, Splash had become known as a steady old plodder who would never do anything more than a very reluctant trot, he was often the brunt of many a joke. This didn’t worry us because we could see life coming back into his eyes and felt secure that he could still do anything. We had his back checked, a new saddle, regular physio and sat back and watched the two of them blossom.

Rosie Farmer

Qualified: Sheldfield Equestrian 12/04/2015 Show Jumping 90cm, 2nd

Rosie lives in Lymington Hampshire on the edge of the New Forest. She belongs to Mopley riding club. Rosie is 11 years old and has been riding since she was 5 years old. The pony she qualified on is a 13.3hh New Forest cross welsh mare who’s name is Jess. She has had Jess for eight months.

Splash was diagnosed with a curve to her spine. The consultant suspected Neurofibromatosis 1, a life changing, degenerative condition, albeit it has just been confirmed as NF Type 1 syndrome; a much better prognosis. Throughout all of this very trying time, Splash was still a joy to own and been very successful in her showing career from a yearling to present as a 3-year-old. She is out of Tiny Bit Famous and Doylan Little Treasure star is welsh/arab/American saddlebred.

Andrew Kingsley

Qualified: SMP Events - Blue Barn, 05/04/2015 Showing: In-Hand Coloured Horse or Pony, 3rd in Hand Youngstock, 3rd

Andrew kingsley is 55 years old. He and his wife have owned our little filly The Longhouse Little Star since she was three months old and it seemed forever before they got her home at six months from Wales. She has helped them through a very hard illness and always lift them when they see her every morning and night. She has been a joy to own and been very successful in her showing career from a yearling to present as a 3-year-old. She is out of Tiny Bit Famous and Doyle and Little Treasure star is welsh/arab/American saddlebred.

Rosie Farmer

Qualified: Sheldfield Equestrian 05/04/2015 Dressage BD Intro, 6th

Rosie Farmer

A kick to a broken pelvis no less. We took our time and ignored some nasty comments at times, we had his back checked, a new saddle, regular physio and sat back and watched the two of them blossom.

We were to only face one more setback with Georgia and it could have been much worse; shortly after buying Splash Georgia was diagnosed with a curve to her spine. The consultant suspected Neurofibromatosis 1, a life changing, degenerative condition, albeit it has just been confirmed as NF Type 1 syndrome; a much better prognosis. Throughout all of this very trying time, Splash was still a joy to own and been very successful in her showing career from a yearling to present as a 3-year-old. She is out of Tiny Bit Famous and Doylan Little Treasure star is welsh/arab/American saddlebred.
Coombelands Equestrian, West Sussex

Mini show jumpers were out in force on 19th April at Coombelands Equestrian, enjoying not only a great arena in a beautiful setting, but lovely weather too! It all came together perfectly for Ryan Perrett riding ‘Star’ in the 45cm opening class. Jumping cleanly into 2nd place was Bella Crowley with her grey pony, Blue finishing ahead of Maisy and Daisy in 3rd and 4th respectively.

With the jumps raised to 50cm, Tallulah Betts headed the field on Bonnie finishing ahead of Maisy and Daisy in 3rd.

Bella Crowley with her grey pony, Blue

Perrett riding ‘Star’ in the 45cm opening class.

It all came together perfectly for Ryan Perrett enjoying not only a great arena in a beautiful setting, but lovely weather too!

**Show Report**

The final class of the day, the 80cm riding class, was won by Flynn. First place went to Lauren Barlow riding Princess and Olivia Peck won second place riding Waterhouse Serenade in 9th place, just missing out on a qualification place.

Another qualification ticket in the 65cm in 3rd place. Double qualification made neat work of the 60cm class on Blaze and went on to pick up another qualification ticket in the 65cm in 3rd place. Double qualification also went to Verity Leggett riding Bobby in 2nd place in the 60cm and 4th in the 65cm, which was won by Naomi Howard-Batts riding Jack.

**Showground and arena set up**

Showground and arena set up for the Sunshine Tour 2015

**Bar and Food Available**

AT GOLDEN CROSS EQUESTRIAN CENTRE
“*The White party*” In aid of The ABC Animal Sanctuary

Hosted by Golden Cross EC in aid of the ABC Animal Sanctuary and dedicated to Alexandra Bastexo

**DO YOU AND YOUR HORSES HATE INSECTS?**

You can now effectively reduce their numbers with the professional insect control systems

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Come and see the range of Insect Control Products on the NagMag stand 33a at The Equestrian.com Hickstead Derby 25th – 28th June 2015

**Do you enjoy horses and music and letting your hair down for some good old fashioned fun? This is THE place to be in June**

**Saturday June 20th, 7pm**

**AT GOLDEN CROSS EQUESTRIAN CENTRE**

**“The White party” In aid of The ABC Animal Sanctuary**

**Tickets are available from Alexander Osborn on 07905 286 165 or email info@goldencrossec.co.uk**

**Golden Cross Equestrian Centre – “The White Party”**

Hosted by Golden Cross EC in aid of the ABC Animal Sanctuary and dedicated to Alexandra Bastexo.

**CONTACT DETAILS**

For your chance to compete at England most famous showground and be crowned a champion at Hickstead, see www.sunshinetour.co.uk

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Get the Boho look for the Summer Shows and festivals


Cuffed denim shorts from Forever 21. Sizes 6 – 18. Rrp £15

Complete the look with floppy hat. Great colour choice – from ebay seller http://stores.ebay.co.uk/yeskingdom Rrp £8.95

For the men, these beautiful 100% linen shirts from Tobias Clothing will keep them cool while the ladies shop – incredible colours in sizes XS – XL long. Visit www.tobiasclothing.com Rrp £65

Want a little more upmarket then these shorts from Timothy Foxx are just the answer. Livbum Gooseberry Hot Pants sizes 6 – 12 from www.timothyfoxx.co.uk Rrp £95

Fringed boots from Newlook.com or in store. Sizes 3 – 9 Rrp £49.99

For the men, these beautiful 100% linen shirts from Tobias Clothing will keep them cool while the ladies shop – incredible colours in sizes XS – XL long. Visit www.tobiasclothing.com Rrp £65

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Total Confidence Live was held at the South of England Show ground on the 25th and 26th April 2015. The event included something for everyone - from shopping and demonstrations to rescued horses and clinics.

Jason Webb – renowned horse trainer – and Charlie Owen – phycologist to olympic and world champions – delivered a popular and well received demonstration which aimed to link the minds of both humans and horses. Jason explained that listening to your horses actions can help us as owners, riders and handlers to be more proactive in our training. In addition Charlie discussed the ‘fear of failure’ – and by replacing any negative comments and thoughts with positives ones it can enhance a riders ability to achieve their goals. Something I believe many of us will now consider.

Jake Poynter, 21, from Horam, Sussex brought along Rufus – a five year old German Warmblood. When asked about his plans for himself and Rufus, Jake cheerily replied ‘I will take him as far as we can go!’ I caught up with Jake after Alison’s clinic to see how it went, he commented: ‘I think it went very well, we received positive feedback and I agree with Alison’s comments!’

Despite the cold winds and slight drizzle, the day was a huge success with equestrians attending from a wide geographical area. I think I speak for everyone when I say this is one of the best up and coming equine events in the UK and I look forward to what they will be offering next year.

NM
Free Prize Draws at Hickstead 2015

24th – 28th June, Stand 33a

WIN A Matchy Matchy set from the saddle pad and bandage range from Horzehoods Worth £45

WIN A Hamper of handy products from Supreme Products Worth £75

WIN A very handy grooming box from our friends at Ani-Mate products Worth £36

If you want to be in with a chance of winning any of the items listed below, then don’t forget to visit the NagMag Stand No 33a at The Equestrian.com Hickstead Derby and enter our daily prize draw.

WIN
A Matchy Matchy set from the saddle pad and bandage range from Horzehoods
Worth £45

WIN
A Hamper of handy products from Supreme Products
Worth £75

WIN
A very handy grooming box from our friends at Ani-Mate products
Worth £36

BRAND NEW LIVERY YARD

● 10 minutes from Hickstead and Pyecombe
● Full Livery spaces available
● New outdoor arena and Internal Stabling
● Easy access to Bridleways
● Owners onsite

CONTACT EMILY ON 07973 727108

Ashdown Forest Sponsored Ride

Saturday 11th July 2015 from 9am
Starting from Pippingford Park, Millbrook Hill, Nr Nutley, East Sussex, TN22 3HW
12 or 6 mile approx route for horseriders
3.5 mile approx route for dog walkers. No Jumps
Downloadable entry form at www.pippingfordlivery.co.uk or email dwaygood@live.com or SAE to D. Waygood, 6 Paddock Gardens, East Grinstead, RH19 4AE
£20.00 per rider entry fee plus suggested £5 per rider minimum sponsorship (Sponsorship to The Fostering Network)
£5 entry fee for Dog Walk
Fabulous opportunity to ride a marked route over beautiful Ashdown Forest taking in breathtaking scenery through heathland and woodland

August 20th

SAVE THE DATE

For something super spectacular.
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FORTHCOMING EQUESTRIAN EVENTS IN YOUR AREA – JUNE 2015

**WEDNESDAY JUNE 3RD**
- **BD Dressage** – Blue Barn Equestrian Centre KENT
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**SUNDAY JUNE 7TH**
- **Flatwork clinics** – Oldencraig EC SUSSEX
- **Unaff Dressage Competition** – Classic Equestrian CENTRE

**MONDAY JUNE 8TH**
- **Showjumping clinics** – Oldencraig EC SUR
- **Affiliated BS Category 2** – Coombeends EC RH2 1QG SUS
- **Clear Round Afternoon** – Croxstead EC BN6 4PT SUS

**SATURDAY JUNE 13TH**
- **Area Qualifier**
  - **SJ Clinic** – Lower Peake Farm HAMPSHIRE
  - **Fitness Core Stability and Suppleness Lesson** – Quob Stables EC HAMPSHIRE

**TUESDAY JUNE 9TH**
- **Lizzie Murray Dressage Clinic** – Langley EC SUR
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Side Saddle Training** – Harrow House HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**WEDNESDAY JUNE 10TH**
- **Cross Country Hire** – Lodge Farm KENT
- **Aft BS Category 2** – Coombeends EC RH2 1QG SUS

**THURSDAY JUNE 11TH**
- **Flatwork clinics** – Oldencraig EC SUSSEX
- **Dressage clinic** – Belmorean RH3 6SU SUS

**FRIDAY JUNE 12TH**
- **Side Saddle Training** – Harrow House HAMPSHIRE
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**FRIDAY JUNE 19TH**
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Summer Show** – Bodiam International AREN
- **BSA Day** – Ham Polo Club SUR
- **Pony Club Training** – Quob Stables EC HAMPSHIRE
- **Side Saddle Training** – Harrow House HAMPSHIRE
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Flat Racing Evening** – Lingfield Park Racecourse SUR
- **Petersham Bowl matches** – Ham Polo Club SUR
- **The Polo Shop Trophy** – Sussex Polo RH4 4NH SUS
- **The Polo Challenge** – Sussex Polo RH4 4NH SUS
- **Polo Challenge** – Harrow House HAMPSHIRE
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Side Saddle Training** – Harrow House HAMPSHIRE

**SATURDAY JUNE 20TH**
- **Cross Country Hire** – Lodge Farm KENT
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE
- **Flatwork clinics** – Oldencraig EC SUSSEX
- **Unaff Dressage Competition** – Classic Equestrian CENTRE

**SATURDAY JUNE 27TH**
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Summer Show** – Bodiam International AREN
- **BSA Day** – Ham Polo Club SUR
- **Pony Club Training** – Quob Stables EC HAMPSHIRE
- **Side Saddle Training** – Harrow House HAMPSHIRE
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Flat Racing Evening** – Lingfield Park Racecourse SUR
- **Petersham Bowl matches** – Ham Polo Club SUR
- **The Polo Shop Trophy** – Sussex Polo RH4 4NH SUS
- **The Polo Challenge** – Sussex Polo RH4 4NH SUS
- **Polo Challenge** – Harrow House HAMPSHIRE
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Side Saddle Training** – Harrow House HAMPSHIRE

**SUNDAY JUNE 28TH**
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Summer Show** – Bodiam International AREN
- **BSA Day** – Ham Polo Club SUR
- **Pony Club Training** – Quob Stables EC HAMPSHIRE
- **Side Saddle Training** – Harrow House HAMPSHIRE
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Flat Racing Evening** – Lingfield Park Racecourse SUR
- **Petersham Bowl matches** – Ham Polo Club SUR
- **The Polo Shop Trophy** – Sussex Polo RH4 4NH SUS
- **The Polo Challenge** – Sussex Polo RH4 4NH SUS
- **Polo Challenge** – Harrow House HAMPSHIRE
- **Foundation To Specialisation** – Merrist Wood Col SUR
- **Side Saddle Training** – Harrow House HAMPSHIRE

**SUNDAY JULY 5TH**
- **Cross Country Hire** – Lodge Farm KENT
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE
- **Flatwork clinics** – Oldencraig EC SUSSEX
- **Unaff Dressage Competition** – Classic Equestrian CENTRE

**TUESDAY JULY 7TH**
- **Bd Polocrosse** – Langley EC SUR
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**WEDNESDAY JULY 8TH**
- **Unaff Dressage Competition** – Classic Equestrian CENTRE
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**THURSDAY JULY 9TH**
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**FRIDAY JULY 10TH**
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**SATURDAY JULY 11TH**
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**SUNDAY JULY 12TH**
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE

**MONDAY JULY 13TH**
- **BD Shearwater pot IYDH** – Wellington Riding HAMPSHIRE
- **Lodge Farm Cross Country Hire** – Rogate Equestrian Centre HAMPSHIRE
- **Day Clinic** – Ericcson Equestrian Centre HAMPSHIRE
- **Ladies Lesson & Cuppa** – Quob Stables EC HAMPSHIRE
Essential items for your grooming box

Showing Season is upon us. No matter what discipline you follow, one necessary piece of equipment that should be well organised is ‘The Grooming Box’. A way of caring your essentials and last minute touch-ups to help present that perfectly groomed look to impress the eagle eyed judges.

Ask any self respecting horse owner what they keep in their Grooming/Tack box – you would be overwhelmed by the variety of necessities and other plethora that congregates in the darkest reaches of the box, all of course extremely necessary to the individual.

NagMag has put together a little list of essentials that should help you to shine on the day.

- Firstly the box itself, not too big or heavy to carry around but with plenty of capacity, vermin proof and lockable, the Animate Mate comes in a variety of colours and can be personalised for an extra £5.
- Rrp £35.99 plus p&p

Enter a prize draw on the NagMag stand 33a at the Equestrian.com Hickstead Derby for a chance to inspect... and WIN

- Complete your box with Grooming mit – Derby House do a lovely one at just £2.99
- Piece of rag
- Vet wrap – a variety of colours from VioVet from £2.17 per 3 metre
- Hoof Oil – Carr & Day & Martin do a great one at all good stockists from £5.50
- You will also need, water for yourself or something stronger if in need. Possibly some treats for both yourself and your equine friend and a good supply of moist wipes for emergencies.

Enjoy the Season and good luck to everyone. NM

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